



Co-Enrollment Program

Suggested Recruitment Materials (Collaborator to Participant)

These materials are provided as reference for the collaborator. The collaborator can choose to use whatever materials work for their study. Please note that all recruitment materials will need to be submitted to in the collaborator's IRB submission.

Brochure/Flyer Content

Header/Front Panel

BHR logo

<COLLABORATOR Logo>

Help researchers better understand brain health, aging, and Alzheimer's disease.

Participate in the Brain Health Registry, an Innovative Online Study, in partnership with the <COLLABORATOR study name> Study

Additional Content

What is the Brain Health Registry?

Led by researchers at the University of California, San Francisco, the Brain Health Registry is a free online study that uses the internet to efficiently collect information about thinking, memory, overall health, and lifestyle from our participants. The Brain Health Registry is the first neuroscience project to leverage the internet in this way and on this large scale. This study will provide valuable insights about whether brain health information collected online tells research scientists the same thing as information collected in clinical settings. This knowledge will help scientists design improved assessments for future research studies.

In addition, the Brain Health Registry is designed to make recruitment for clinical studies faster and less expensive. Ultimately we hope this will speed up the path to treatments for Alzheimer's and other brain diseases. As a Brain Health Registry participant you have the option to learn about additional research opportunities, such as clinical trials.

Participation is entirely online and for most people, it takes less than three hours per year to participate. There are no costs to join. It's easy and convenient. Really!

How is the Brain Health Registry related to the <COLLABORATOR study name> Study?

Brain Health Registry researchers have teamed up with <COLLABORATOR study name> Study researchers to gather brain health information from <COLLABORATOR study name> participants. Your caregiver or care partner will also have the opportunity to participate, which will help us learn more about their caregiving experience and how it affects their health. The goal(s) of this collaboration is/are to <brief description of the BHR Collaboration goals>. < Description of the BHR Collaboration; summarize the study procedures>.

How does it work?

The steps are easy to follow:

1 - Sign up:

Register online and electronically sign an informed consent form. That's all it takes to get enrolled as a participant.

2 - Tell us about yourself:

Answer questions about your medical history, current health, lifestyle and willingness to participate in additional research studies. You don't have to answer all questions at once. Participants receive reminder emails, which ask them to return to the website to answer remaining questions.

3 - Take brain tests:

We use short online tests to assess your brain function. While these brain tests are valuable tools that help researcher study thinking and memory, they are not diagnostic; for this reason participants do not receive results from brain tests.

4 - Invite a Study Partner:

Participants have the opportunity to invite a study partner to participate in the Brain Health Registry with them. A study partner is someone who can answer questions about your memory, health and day-to-day activities, such as a caregiver, family member, or friend. Study partners go to the website, electronically sign an informed consent form, then answer questions about themselves and about you. They may also be asked to complete brain tests.

5 - Come back again and again:

Every 6 months, you'll receive an email asking you to revisit us. We will ask you to retake brain tests and answer follow-up questions. This will help researchers track changes in the brain over time.

Participation in research is voluntary and you are able to withdraw your participation from the Brain Health Registry at any time, should you decide to end your involvement early.

How do you sign up?

<Explain study specific registration process>

Already a Brain Health Registry participant? Not a problem....

We thank you for your participation in the Brain Health Registry and ask that you re-register into this study using the instructions above. When you do, please use the link that says "I already have an account" and then use your current BHR username and password to log in.

Study Partner Portal Brochure/Flyer Content

Header/Front Panel

BHR logo

<COLLABORATOR Logo>

**A special opportunity just for <COLLABORATOR study name> study partners:
Join the Brain Health Registry Study Partner Portal!**

Additional Content

<COLLABORATOR study name> participants have an opportunity to join an optional add-on study after they finish taking tests at the clinic. They can sign up online for the Brain Health Registry (BHR). The BHR is an <COLLABORATOR study name> -affiliated study that includes periodic web-based assessments and questionnaires. The <COLLABORATOR study name> participant for whom you are a study partner should have received a brochure/flyer about how to join the BHR study.

As an <COLLABORATOR study name> study partner, you can also participate! The Study Partner Portal is an exciting new BHR initiative that allows you and the <COLLABORATOR study name> participant to work as a team to advance brain health research and the search for new treatments.

What is the Study Partner Portal?

An online registry that allows you to answer questions about the <COLLABORATOR study name> participant for whom you are a study partner. We'd also like to know more about you as well, and you may have the chance to take online memory tests.

How does it work?

Once the <COLLABORATOR study name> participant joins BHR, they will be able to invite you to become their BHR study partner. If they do indicate you as a study partner, you will then receive an email with instructions and a special invitation code to join. It's simple:

1. If you receive the email, click the link in the email to register in BHR as a study partner
2. Consent to participate
3. Answer questions and take a test
4. Return twice a year (don't worry, we'll remind you via email)

What questions will I be asked?

Answer questions about the brain health of the <COLLABORATOR study name> participant, as well as yourself. We ask about mood, stress, memory and more. Tell us as much or as little as you'd like—all questionnaires are optional. You do not have to complete all at once. You can return to the Brain Health Registry website to complete study tasks at your convenience. There is no cost or payment to participate as study partner.

Why are we asking you to become a study partner?

Put simply, we are committed to advancing brain health research for all, and you are a powerful part of that plan. Study partners have a unique voice in brain health research. If you'd like more details about why, read on....

- **Focus on outcomes that matter to you.** When it comes to brain health, tests of memory and thinking only tell part of the story. You have unique insight into the <COLLABORATOR study name> participant's day-to-day functioning and quality of life. We need you to tell us the whole story, so that we can advance research endeavors that aim to improve the quality of life for everyone.
- **Focus on change.** Because you know the <COLLABORATOR study name> participant well, you can give the most accurate information about whether there have been changes in his/her brain health over the past years or

months. This helps tremendously because changes in brain health are a very important indicator of what's to come, more important than a single snapshot in time provided by a simple test.

- **Your own health matters.** We'd also like to learn about your own health and lifestyle if you're willing to share. Why? For those study partners who may also be caregivers to someone who need extra support, we want to learn more about how caregiving affects your physical health, stress, mood, memory, and more. The information you share with us about your experience can help us improve caregiver health for everyone in the future.
- **Strength in numbers.** In the battle to improve brain health, you and the <COLLABORATOR study name> participant together are stronger than each of you alone. You can encourage to stay connected, remind each other to complete tasks, and stay together as a team each step of the way.